

**RESOLUTION OF THE  
WHITE MOUNTAIN APACHE TRIBE OF THE  
FORT APACHE INDIAN RESERVATION**

- WHEREAS,** the Tribal Council of the White Mountain Apache Tribe is composed of duly elected members who represent the population of the Reservation in all matters pertaining to its citizens; and
- WHEREAS,** a particular concern is the health of prenatal and postnatal mothers and their infants since many women on this reservation experience high rates of pregnancy-related problems such as pre-clampsia and eclampsia, gestational hypertension and gestational diabetes, FAS/FAE, and other problems which lead to complicated pregnancies and deliveries, and all of these problems are believed to be related to inadequate and/or inappropriate nutrition; and
- WHEREAS,** increased rates of pregnancies also occur among teenagers on this Reservation, and this often leads to disruption of the teenager's education and home situation, to single parenthood, and other problems; and many of the medical problems listed above occur more in pregnant teenagers than in older pregnant women; and
- WHEREAS,** funds obtained from the Share Our Strength Foundation, an organization based in Washington, DC, have been used to develop a nutrition and health education program consisting of 40 lessons aimed at pregnant teenagers, teenage mothers and their infants, and the fathers of infants born to teenager mothers; and
- WHEREAS,** in order for this service program to be of maximum benefit to adolescent mothers, an evaluation of the program is felt to be needed in order to make any necessary changes to improve it; and
- WHEREAS,** the evaluation project is proposed to be performed by comparing an intervention group (Group 1) to a control group (Group 2) of prenatal adolescents in which Group 1 participants will be given a series of 40 health and nutrition lessons but not Group 2 participants, and a comparison will be made of the scores of pre- and post-natal tests administered to both groups, and participants of both groups will be monitored until babies born to them have reached 6 months of age at which time Group 2 adolescent mothers will be given the opportunity to receive all 40 lessons; and
- WHEREAS,** using the pre- and post-test scores along with other information obtained from participants of both groups during the monitoring period, analyses of the data are hoped to yield information about how to improve this nutrition and health education program for prenatal adolescents; and

**Resolution No. 10-96-237**

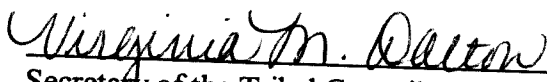
**WHEREAS**, the participation of prenatal adolescents in this program is totally voluntary and requires the participant to sign an informed consent; and all information related to each participation will be held in the strictest confidence.

**BE IT RESOLVED** by the Tribal Council of the White Mountain Apache Tribe that, based on the foregoing it, hereby grants approval to the Johns Hopkins Program to conduct a study to evaluate this service program in order to make the necessary changes to improve it, and that all measures to insure strict confidence of information obtained from all participants be adhered to at all times, and that this evaluation project include only those who voluntarily agree to take part.

The foregoing resolution was on October 02, 1996, duly adopted by a vote of ten for and zero against by the Tribal Council of the White Mountain Apache Tribe, pursuant to authority vested in it by the White Mountain Apache Tribal Constitution, including Article IV, Sections 1 (a), (i), (s), (t) and (u) of the Constitution of the Tribe, ratified by the Tribe on September 30, 1993, and approved by the Secretary of the Interior on November 12, 1993, pursuant to Section 16 of the Act of June 18, 1934 (48 Stat. 984).

**RECEIVED**  
OCT 15 1996  
FORT APACHE INDIAN AGEN  
WHITERIVER, ARIZONA

  
Chairman of the Tribal Council

  
Secretary of the Tribal Council