



**RESOLUTION OF THE  
WHITE MOUNTAIN APACHE TRIBE OF THE  
FORT APACHE INDIAN RESERVATION**

**(EnhanceFitness™ Implementation on the Fort Apache Indian Reservation)**

- WHEREAS,** pursuant to Article IV, Section 1(a) of the Constitution of the White Mountain Apache Tribe, *inter alia*, the Tribal Council has the authority to represent the Tribe and act in all matters that concern the welfare of the Tribe; and
- WHEREAS,** the health of the elders of the White Mountain Apache Tribe is of vital concern to the Tribal Council; and
- WHEREAS,** about 10.8% of the population of White Mountain Apache Tribe is age 55 or above and health issues including diabetes effect their lives; and it is known that failure to be physically active causes decline in physical, social and emotional health; and
- WHEREAS,** EnhanceFitness is an evidence based health promotion program providing 180 minutes weekly of physical activity and demonstrating improvement in physical, social and emotional health; and the White Mountain Apache Tribe has been selected by the Inter Tribal Council of Arizona to be funded in the amount of \$29,208 to implement EnhanceFitness in Whiteriver and Cibecue; and
- WHEREAS,** Apache Diabetes Wellness Center is prepared to assume funding of ongoing aspects of EnhanceFitness in Whiteriver and Cibecue after the period of the award.

**BE IT RESOLVED** by the Tribal Council of the White Mountain Apache Tribe that:

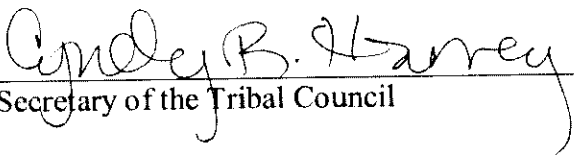
1. The Tribal Chairman may sign the Memorandum of Agreement with the Intertribal Council of Arizona and the Site License with Project Enhance so that EnhanceFitness may be implemented on the Fort Apache Indian Reservation with classes three times a week in Whiteriver and Cibecue.
2. Apache Diabetes Wellness Center should implement the EnhanceFitness program on receipt of funds.
3. Data sharing as required by the Inter Tribal Council of Arizona and Project Enhance is permitted, with permission to share aggregate data, and providing that both entities should share in advance of publication any article or presentation describing the implementation of this program with Members of the White Mountain Apache Tribe for review by the Tribal Health Board and approval of the Tribal Council.

**BE IT FURTHER RESOLVED** by the Tribal Council of the White Mountain Apache Tribe that the Chairman, or in his absence, the Vice Chairwoman, is hereby authorized to execute any and all document necessary to effectuate the intent of this Resolution.

**Resolution No. 11-2008-273**

The foregoing resolution was on **NOVEMBER 20, 2008** duly adopted by a vote of **SEVEN** for and **ZERO** against by the Tribal Council of the White Mountain Apache Tribe, pursuant to the authority vested in it by Article IV, Section 1 (a), (i), (s), (t), and (u) of the Constitution of the Tribe, ratified by the Tribe September 30, 1993, and approved by the Secretary of the Interior on November 12, 1993, pursuant to Section 16 of the Act of June 18, 1934 (48 Stat. 984).

  
\_\_\_\_\_  
Chairman of the Tribal Council

  
\_\_\_\_\_  
Secretary of the Tribal Council