

WHITE MOUNTAIN APACHE TRIBE

A Sovereign Tribal Nation

(Authorizing Johns Hopkins Center for American Indian Health to Conduct "Pilot Evaluation of Psychological First Aid for Frontline Workers in American Indian/Alaska Native Communities")

- WHEREAS, The Constitution of the White Mountain Tribe ("Tribe") of the Fort Apache Reservation ("Constitution") provides, at Article IV, Section I(a) that the Tribal Council ("Council") shall exercise the power "To represent the Tribe and act in all matters that concern the welfare of the Tribe"; and
- WHEREAS, The Tribe, in conjunction with Johns Hopkins University, has conducted research projects for 40 years, which aim to raise the level of health for all residents of the Fort Apache Indian Reservation; and
- WHEREAS, On March 31, 2020, via Resolution 03-2020-72, the Council approved Johns Hopkins Bloomberg School of Public Health Center for American Indian to secure funding in order to address the COVID-19 virus within the White Mountain Apache Tribe and support the following activities:
 - 1) Conduct surveillance for COVID-19 to characterize the clinical course, identify important risk and protective factors for disease; and determine patterns of transmission and the number of people who have been infected, recovered or carry the disease;
 - 2) Identify and evaluate potential treatment and prevention strategies that may include anti-viral therapies, treatment with purified plasma from those who have recovered from the disease, and new vaccines to prevent or reduce the disease; and
 - 3) Develop understanding and address the mental health and stress-related effects of the pandemic on White Mountain Apache people; and
- WHEREAS, In order to provide mental health support to front-line workers in American Indian/Alaska Native communities during the COVID-19 pandemic, Johns Hopkins Bloomberg School of Public Health Center for American Indian Health is requesting to conduct a research study entitled, *Pilot Evaluation of Psychological First Aid for Frontline Workers in American Indian/Alaska Native Communities*; and
- WHEREAS, The study will be conducted in partnership between Johns Hopkins Center for American Indian Health ("JHCAIH"), Navajo Nation, Native American Lifelines, the Urban Indian Health Center in Baltimore and the Tribe; and

- WHEREAS, This study will implement Psychological First Aid ("PFA") which is a training intervention designed to equip first responders, health care, and other frontline workers responding to disaster situations with basic mental and behavioral health management skills to address the increased demand for mental health support; and
- WHEREAS, The goal of this study is to pilot a culturally adapted PFA online training intervention to evaluate its acceptability and impact on the skills and mental well-being of frontline workers; and
- WHEREAS, Providing mental health support for COVID-19 frontline workers and health care providers is of the utmost importance. PFA is a promising intervention in the context of the COVID-19 pandemic to quickly deliver mental health help to support healthy coping and management of psychological stress both during and after the pandemic; and
- WHEREAS, The Council has reviewed and considered JHCAIH's request and finds that conducting the proposed study is essential to the understanding and development of culturally appropriate mental health resources for AI/AN communities amidst the COVID-19 pandemic, and is in the best interests of the Tribe and its members.
- **BE IT RESOLVED** by the Tribal Council of the White Mountain Apache Tribe that it hereby authorizes the Johns Hopkins Center for American Indian Health to conduct the study *Pilot Evaluation of Psychological First Aid for Frontline Workers in American Indian/Alaska Native Communities* in partnership with the White Mountain Apache Tribe.
- **BE IT FURTHER RESOLVED** by the Tribal Council of the White Mountain Apache Tribe that it hereby directs that in the event this Resolution directly conflicts with the Tribal Constitution, Tribal Ordinances, or any material facts concerning the issues presented are later found to be false, this Resolution shall be deemed null and void and have no legal effect.
- **BE IT FURTHER RESOLVED** by the Tribal Council of the White Mountain Apache Tribe that it hereby directs that in the event that this Resolution conflicts with a prior Resolution or Policy, this Resolution shall supersede and govern over the conflicting subject matter.
- **BE IT FURTHER RESOLVED** by the Tribal Council of the White Mountain Apache Tribe that the Chairwoman, or in her absence, the Vice-Chairman, is hereby authorized to execute any and all documents necessary to effectuate the intent of this Resolution.

The foregoing resolution was on MAY 5, 2021 duly adopted by a vote of EIGHT for, ZERO against, and ONE abstentions by the Tribal Council of the White Mountain Apache Tribe, pursuant to authority vested in it under the enumerated powers listed in Article IV, Section 1 of the WMAT Constitution, so ratified on September 30, 1993, and federally recognized pursuant to Section 16 of the Indian Reorganization Act of June 18, 1934 (48 Stat. 984).

Gwendena Lee-Gatewood, Chairwoman

Date

Doreen T. Numkena, Tribal Secretary

Date